



Monday	Tuesday	Wednesday	Thursday	Friday
1 10:00 Aerobics 11:30 CAAM Luncheon 1:00 Pinochle	2 10:00 Wii Bowling 10:00 Tai Chi for Arthritis 1:00 Cribbage 1:00 Painting Class	3 10:00 Aerobics 10:00 Blood Pressure 10:00 Class of '52 11:30 Center Luncheon 12:15 Oregon Trail Talk 1:00 Great Pretenders Practice	4 9:00 Center Breakfast 10:00 Tai Chi for Arthritis 1:00 Cribbage 1:00 NCOA Meeting	5 10:00 Aerobics 10:45 Cinco de Mayo Day Trip 1:00 Social Bingo
8 10:00 Aerobics 11:30 CAAM Luncheon 1:00 Pinochle	9 10:00 Wii Bowling 10:00 Tai Chi for Arthritis 10:00 Class of '51 1:00 Cribbage 1:00 Painting Class FootCare— By Appointment	10 10:00 Aerobics 11:30 Center Luncheon 12:00 Vista Theatre Preview 1:00 Great Pretenders Practice	11 9:00 Center Breakfast 10:00 Tai Chi for Arthritis 10:30 Commodities 1:00 Cribbage 7:00 City Council	12 10:00 Aerobics 11:30 Potluckers 1:00 Social Bingo
15 10:00 Aerobics 11:30 CAAM Luncheon 1:00 Pinochle	16 10:00 Wii Bowling 10:00 Tai Chi for Arthritis 1:00 Cribbage 1:00 Painting Class 5:30 Planning Commission	17 10:00 Aerobics 10:00 Blood Pressure 11:30 Center Luncheon 12:00 Heritage Trail Update 1:00 Great Pretenders Practice	18 9:00 Center Breakfast 10:00 Tai Chi for Arthritis 1:00 Cribbage	19 10:00 Aerobics 1:00 Social Bingo
22 10:00 Aerobics 11:30 CAAM Luncheon 1:00 Pinochle 1:00 Parkinsons Support Group	23 10:00 Wii Bowling 10:00 Tai Chi for Arthritis 1:00 Cribbage FootCare— By Appointment	24 10:00 Aerobics 11:30 Center Luncheon 12:00 Oils and Digestive Health 1:00 Great Pretenders Practice	25 9:00 Center Breakfast 10:00 Tai Chi for Arthritis 1:00 Cribbage	26 10:00 Aerobics 1:00 Social Bingo Cribbage Tournament sign-up deadline
29 Center Closed 	30 10:00 Wii Bowling 10:00 Tai Chi for Arthritis 12:30 Cribbage Tournament	31 10:00 Aerobics 11:30 Center Luncheon 1:00 Great Pretenders Practice	Wednesday Lunch Menu May 3: Shepherd's Pie May 10: Chicken Pot Pie May 17: Swedish Meatballs May 24: Turkey Dinner May 31: Ham Dinner	Rummage Sale & Luncheon Saturday, May 6 10 a.m. to 2 p.m.