






Monday		Tuesday		Wednesday		Thursday		Friday	
<p>Souper Friday Menu Feb. 2: Hamburger Vegetable, Chicken Taco, Cheesy Broccoli Feb 16: Creamy Chicken Vegetable, Tomato Basil, Turkey & Rice Feb 23: Beef Stew, Vegetable Soup, Loaded Potato</p>				<p>Mardi Gras Day Trip   Tuesday, Feb. 13 10:30 a.m.</p>		<p>1 9:00 Center Breakfast 10:00 Tai Chi for Arthritis 1:00 NCOA Meeting 1:00 Cribbage</p>		<p>2 10:00 Aerobics 11:00 Soup Luncheon 1:00 Social Bingo</p>	
<p>5 10:00 Aerobics 11:30 CAAM Luncheon 1:00 Pinochle</p>		<p>6 10:00 Wii Bowling 10:00 Tai Chi for Arthritis 11:00 Intergenerational Chess 1:00 Cribbage</p>		<p>7 10:00 Aerobics 10:00 Class of '52 10:00 Blood Pressure 11:30 Center Luncheon 12:00 Combating Depression 1:00 Great Pretenders</p>		<p>8 9:00 Center Breakfast 10:00 Tai Chi for Arthritis 10:30 Commodities 1:00 Cribbage 7:00 City Council</p>		<p>9 10:00 Aerobics 11:30 Potluckers 1:00 Social Bingo</p>	
<p>12 10:00 Aerobics 11:30 CAAM Luncheon 1:00 Pinochle</p>		<p>13 10:00 Wii Bowling 10:00 Tai Chi for Arthritis 10:30 Mardi Gras Day Trip 10:00 Class of '51 1:00 Cribbage FootCare— By Appointment</p>		<p>14 10:00 Aerobics 11:30 Center Luncheon 12:00 Energy Tools for Health 1:00 Great Pretenders</p>		<p>15 9:00 Center Breakfast 10:00 Tracy Mine 10:00 Tai Chi for Arthritis 1:00 Cribbage</p>		<p>16 10:00 Aerobics 11:00 Soup Luncheon 1:00 Social Bingo</p>	
<p>19 10:00 Aerobics 11:30 CAAM Luncheon 1:00 Pinochle</p>		<p>20 10:00 Wii Bowling 10:00 Tai Chi for Arthritis 1:00 Cribbage 5:30 Planning Commission</p>		<p>21 10:00 Aerobics 10:00 Blood Pressure 11:30 Center Luncheon 1:00 Great Pretenders</p>		<p>22 9:00 Center Breakfast 10:00 Tai Chi for Arthritis 1:00 Cribbage</p>		<p>23 10:00 Aerobics 11:00 Soup Luncheon 1:00 Social Bingo Cribbage Tournament sign-up deadline</p>	
<p>26 10:00 Aerobics 11:30 CAAM Luncheon 1:00 Pinochle 1:00 Parkinsons Support Group</p>		<p>27 10:00 Wii Bowling 10:00 Tai Chi for Arthritis 12:30 Cribbage Tournament FootCare— By Appointment</p>		<p>28 10:00 Aerobics 11:30 Center Luncheon 12:00 Washington DC Travel Meeting 1:00 Great Pretenders</p>		<p>Wednesday Lunch Menu Feb. 7: Turkey Dinner Feb. 14: Chicken Pot Pie or Veggie Pot Pie Feb. 21: Roast Beef Feb. 28: Swedish Meatballs</p>			