



Monday	Tuesday	Wednesday	Thursday	Friday
3 10:00 Aerobics 11:30 CAAM Luncheon 1:00 Pinochle 1:00 Diabetes Support Group 2:00 Beginners TCA	4 10:00 Advanced TCA 1:00 Cribbage	5 10:00 Aerobics 10:00 Blood Pressure 10:00 Class of '52 11:30 Center Luncheon 12:00 Heart Health Presentation 2:00 Beginners TCA	6 9:00 Center Breakfast 10:00 Advanced TCA 11:00 NCOA Meeting 1:00 Cribbage	7 10:00 Aerobics 11:00 Beef & Cheddar Melt Luncheon 1:00 Social Bingo
10 10:00 Aerobics 11:00 Intergenerational Chess 11:30 CAAM Luncheon 1:00 Pinochle 2:00 Beginners TCA	11 10:00 Advanced TCA 10:00 Class of '51 1:00 Cribbage <i>FootCare— By Appointment</i>	12 10:00 Aerobics 11:30 Center Luncheon 12:00 Tips & Tricks for Selling your Home 2:00 Beginners TCA	13 9:00 Center Breakfast 10:00 Advanced TCA 10:30 Commodities 1:00 Cribbage 7:00 City Council	14 10:00 Aerobics 11:00 Soup Luncheon 1:00 Social Bingo
17 10:00 Aerobics 11:30 CAAM Luncheon 1:00 Pinochle 2:00 Beginners TCA <i>Legal Clinic— By Appointment</i>	18 10:00 Advanced TCA 1:00 Cribbage 5:30 Planning Commission	19 10:00 Aerobics 10:00 Blood Pressure 11:30 Center Luncheon 12:00 Burial Records Presentation 2:00 Beginners TCA	20 9:00 Center Breakfast 10:00 Advanced TCA 1:00 Cribbage	21 10:00 Aerobics 11:00 Reuben Luncheon 1:00 Men's Meet-Up
24 10:00 Aerobics 11:30 CAAM Luncheon 1:00 Pinochle 1:00 Parkinsons Support Group 2:00 Beginners TCA	25 10:00 Advanced TCA 12:30 Cribbage Tournament <i>FootCare— By Appointment</i>	26 10:00 Aerobics 11:30 Center Luncheon 12:00 Volunteer Opportunities Presentation 2:00 Beginners TCA	27 9:00 Center Breakfast 10:00 Advanced TCA 1:00 Cribbage	28 10:00 Aerobics 11:00 Pulled Pork Sandwich Luncheon 1:00 Social Bingo
Wednesday Lunch Menu February 5: Roast Beef February 12: Lasagna February 19: Chicken Pot Pie February 26: Pork Roast		Tax Assistance Appointments Select Wednesdays beginning in February Call 475-6266 to make your appointment	Friday Lunch Menu February 7: Beef & Cheddar Melts February 14: Chinese Pork, Loaded Potato, Beef Stew, Bologna & Pickle Sandwiches February 21: Reubens February 28: Pulled Pork Sandwiches	

