



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Wednesday Lunch Menu Jan. 8: Shepherd's Pie Jan. 15: Thanksgiving in January Jan. 22: Parmesan Chicken & Pasta Jan. 29: Swedish Meatballs</p> 		<p>1 Center Closed Happy New Year!</p> 	<p>2 9:00 Center Breakfast 10:00 Advanced TCA 1:00 Cribbage</p>	<p>3 10:00 Aerobics 1:00 Social Bingo</p>
<p>6 10:00 Aerobics 11:30 CAAM Luncheon 1:00 Pinochle 1:00 Diabetes Support Group 2:00 Beginners TCA Starts</p>	<p>7 10:00 Advanced TCA 1:00 Cribbage</p>	<p>8 10:00 Aerobics 11:30 Center Luncheon 12:00 Healthy Living for Body & Brain</p>	<p>9 9:00 Center Breakfast 10:00 Advanced TCA 10:30 Commodities 11:00 NCOA Meeting 1:00 Cribbage 7:00 City Council</p>	<p>10 10:00 Aerobics 11:00 Soup & Sandwich Luncheon 1:00 Social Bingo <i>Tomato Basil, Hamburger Vegetable, Chicken Taco, Grilled Cheese</i></p>
<p>13 10:00 Aerobics 11:00 Intergenerational Chess 11:30 CAAM Luncheon 1:00 Pinochle</p>	<p>14 10:00 Advanced TCA 10:00 Class of '51 1:00 Cribbage FootCare— By Appointment</p>	<p>15 10:00 Aerobics 10:00 Blood Pressure 11:30 Center Luncheon 12:00 Fall Prevention Presentation 1:00 Class of '65</p>	<p>16 9:00 Center Breakfast 10:00 Advanced TCA 1:00 Cribbage</p>	<p>17 10:00 Aerobics 11:00 Reuben Luncheon 11:00 Sicily Trip Interest Meeting</p>
<p>20 10:00 Aerobics 11:30 CAAM Luncheon 1:00 Pinochle Pasty Sale Deadline</p>	<p>21 10:00 Advanced TCA 1:00 Cribbage 5:30 Planning Commission</p>	<p>22 10:00 Aerobics 11:30 Center Luncheon 12:00 Essential Oils 101</p>	<p>23 9:00 Center Breakfast 10:00 Advanced TCA 1:00 Cribbage</p>	<p>24 10:00 Aerobics 11:00 Pasty Luncheon 1:00 Social Bingo Pasty Sale Pick-Up</p>
<p>27 10:00 Aerobics 11:30 CAAM Luncheon 1:00 Pinochle 1:00 Parkinsons Support Group</p>	<p>28 10:00 Advanced TCA 12:30 Cribbage Tournament FootCare— By Appointment</p>	<p>29 10:00 Aerobics 11:30 Center Luncheon 12:00 Intro to AFT & Reiki</p>	<p>30 9:00 Center Breakfast 10:00 Advanced TCA 1:00 Cribbage</p>	<p>31 10:00 Aerobics 11:00 Meatball Sandwiches 1:00 Social Bingo</p>